

B&DCC News June 2010

The Newsletter of Bolsover & District Cycling Club



Busy, Busy, Busy

The list of activities that you can take part in with B&DCC continues to grow, a quick look at the list of regular activities on the back page of this newsletter will enlighten you to what a great club you have become a part of, and we intend to promote more and more in the coming months and years.

Please don't sit idly back and watch others do all the hard work, we are always looking for a few hours of volunteer time to help our events run smoother and to give the incentive for more and more people to join our rapidly growing club.

Our first mountain bike race promotion takes place on Friday 9th July at Glapwell, an event that will require a fair few Marshalls—a free beer in the local pub awaits all those that help out after the event.

The autumn will bring many more events including our first hill climb, a club Barbeque at Oxcroft, a race night at the Blue Bell and the start of the cyclo-cross season

Club social evenings

Starting from the 5th July, the club social meeting will now take place on the first Monday night of EVERY month,

That's 12 excuses a year to head to the Blue Bell in Bolsover for a friendly pint and chat about all things cycling. Meetings start at 8pm

All welcome

Coming very soon indeed



The evening of Friday 9th July sees the club promote its first ever mountain bike race at Glapwell , just off M1 J29a.

Sandwiched into the middle of two rounds promoted by VC Notts , this is our chance to showcase our clubs capability to local mountain bikers.

The first event in Bingham attracted around 100 riders across the different categories.

PLEA FOR HELP

All members are invited to offer help at this event , we will need a good spattering of Mar-

shalls , people to staff the car park , conduct signing on and help peg out the course. We expect to be at Glapwell from around 1pm on Friday and would welcome your help , we would also welcome any members who wish to race the event , and offer free entry to any who offer to help set up or take down the course. Please help us make this event a success for all

In April, the very first B&DCC awards evening were held at Oxcroft miners Welfare in Stanfree. Attended by a good number of members and their families a Watt bike challenge was held over a fixed sprint distance. Tom Galley won the youth honours, Jamie Clarke thrashed the rest of the geezers with an amazing time and Alison Howell flew the flag for the ladies (putting a lot of the men to shame).

Unfortunately no-one got drunk enough to cause themselves embarrassment enough to be pictured in this newsletter

Awards for the past year were given out and certificates awarded for some of the highlight (and lowlight) performances of the year.

The 2011 event promises to be an even bigger , glitzier event , hope to see you all there





South Vs North

Thanks to Vern Richardson the south of the district now sports its own Spiraling training ride. Every Thursday night at 6:30 pm riders meet at Hardwick Inn for a multi lap circuit of the roads around Tibshelf and Morton. Attendances have been really good with close to 10 riders turning up.

Vern has also established a mountain bike ride early on Saturday mornings. More details can be found on the website

As the only LBS (or Local Bike Shop) in the district of Bolsover , Eddison Cycles of Clowne deserves a little more attention from the local cyclists in our club.

Opened in 1981 by its owner Chris Hazelhurst ,its admittedly not the prettiest shop in the world , nor does it offer a wide stock of the expensive trinkets and bikes like our sponsor JE James Cycles, but it can certainly outperform those larger stores by offering a very personal service and attention.

Chris learnt his framebuilding craft with a career as a young apprentice at Carlton cycles , progressing to a more senior role as a production engineer. The shop was originally intended to just be a stop-gap in supporting Chris's growing custom frame building & repair services .

Today the shop offers a wide range of spares & a very responsive repair service. Where else would you be able to get a spoke replaced in the few hours before a time trial ! Chris's wheel building skills have a good local reputation

Chris's frames can be seen all around the country and have launched a fair few pro careers and been between the legs of some real animals of local riders.

The shop opens every afternoon from 12 apart from Wednesdays and is open all day Saturday. For more help call Chris on 01246 888531

B&DCC members get some results on the board

Despite B&DCC not considering itself a racing orientated club in the same vein as some other larger clubs in the area, its obvious that the competitive spirit is in the blood of a hardy few and a small number of our members have represented the club in some key local events

The recent Friday night MTB race at Bingham saw Tom Whiting power his way around to a very credible 5th place in the U14 category. Georgia Crapper finished 1st girl in the U12 Category.

I (Steve crapper) also came out of retirement to take part in my first MTB race for over 15 years , but I couldn't match Toms pace and rode a steady race to avoid finishing last (just), just to prove that even unfit old blokes with dodgy ankles can have a good go at it

In the local Cuckney Time Trials, James & Dave Pears continue to drop the hammer to place some very credible times for the 10 mile course. Full results will unwind as the weeks progress but we expect them to rank highly in the overall points.



Your cycling week with B&DCC

Monday

Go-Ride skills coaching session for under 16's at Oxcroft miners welfare 6:30pm till 7pm

First Monday in the month—social meeting at the Blue Bell , Bolsover , 8pm

Tuesday

Mountain bike ride—6:30pm , start locations vary around the district ,

Rides last around 2 hours and always finish with a pint & friendly chat
start point details on the club website

Wednesday

Try your hand at one of the local time trials promoted by other local clubs

a 10mile time trial at Cuckney , or a Sherwood pines MTB time trial

Thursday

Spiraling rides starting in the north of the district at Clowne Community Centre & in the south at
Hardwick Inn at 6:30pm. Join us for a single 10 mile lap , or head out for a little more

Friday

The Club allows you a rest day on Friday , spend it with your friends or family & look forward to
the weekends cycling

Saturday

An early morning Mountain bike ride in the south of the district ,

meet at 8:30am at Tibshelf Co-p car park

Go-Bike Family rides take place every other Saturday—more details on the website

Sunday

The traditional club ride , meet at the Blue Bell Bolsover at 9am for around 30-50 miles of group
road riding , we aim to get you back home by 1pm at the latest

**The club continues to
strive towards its target of
100 members before the
end of 2010.**

We currently stand at
nearly 60 members with a
number waiting in the
wings

To tempt those mem-
bers to join us we are
offering half price
membership fees for
the remainder of the
year , so that senior
membership is only £5

A membership form can be
downloaded from our
website

*We would like to welcome
our newest members*

Graham & Tom Whiting—
Sookholme

Joe Knight—Brimington

Paul Smith—Inkersall

John Grainger—Shirebrook

Alison Howell—Hasland

www.bolsoveranddistrictcyclingclub.org.uk